

Drol Kar Buddhist Centre presents

South Vietnam Culinary and Spiritual Experience Tour

SAIGON – MEKONG DELTA – DALAT – NHA TRANG - HOI AN - DANANG

18 days ~ \$4250
MARCH 3 - 19, 2012



*Experience the beauty, spirituality and cuisine of **Southern Vietnam** travelling under the spiritual and cultural guidance of **Venerable Jampa Drolma**, resident teacher at Drol Kar Buddhist Centre, as she revisits her homeland.*

Tour features: Experience of typical village life
Traditional cooking classes
Cultural folk performances

Vietnamese cuisine
Meditation and spiritual discussions
Accommodation in 3-4 star hotels

Cost includes: International airfares, airport taxes, transfers and visa; two internal flights; all other transport costs; accommodation at 3 and 4 star hotels twin share*; most breakfasts (15 days), most lunches & dinners (11 days); English-speaking interpreter /guide; entry to any tourist attractions; offerings to monasteries & temples

*Single supplement available (additional cost \$503)

Cost does not include: market walking tour Hoi An day 13 (\$40), travel insurance (required); personal spending; tips & camera fees



Vietnam will leave you with a lifetime of memories



BOOKINGS NOW OPEN ~ PLACES ARE LIMITED

Deposit \$500 required by Oct 31, 2011 (non-refundable)
Early bird price \$4150 by Sep 30, 2011
Balance \$3750 due Dec 15, 2011

For bookings and/or further information,
Contact: Karen Mayer 03 5254 3123AH
or Email - karens@barwonhealth.org.au